

# Guide for Leaders and Families

## 2010 Cub Scout & Family Camps

### Howard H Cherry Scout Reservation

#### Theme – *Time Travelers*

While traveling through time, campers will enjoy the activities, sights, and sounds of that time.

#### ***Hawkeye Area Council Mission Statement***

To help our youth develop into wholesome, capable, contributing and personally fit adults, by instilling in them the values expressed in the Scout Oath and Law.

#### ***Boy Scouts of America Mission Statement***

The mission of the Boy Scouts of America is to prepare young people to make ethical and moral choices over their lifetimes by instilling in them the values of the Scout Oath and Law.

#### **General questions and camp forms**

Hawkeye Area Council

660 32<sup>nd</sup> Avenue SW, Cedar Rapids, IA 52404-3910

Phone number – 319-862-0541

Website - <http://www.hawkeyesba.org>

#### **Specific questions**

- Cub Scout Camp Director and Family Camp Director  
**Suzanne Windisch** - 319-331-7690 – [scoutingchef@hotmail.com](mailto:scoutingchef@hotmail.com)
- Cub Scout Camp Program Director – email only  
**Meg Washburn** – [mmarwas87@gmail.com](mailto:mmarwas87@gmail.com)
- Camp Advisor  
**Dave Wertz** - 319-862-0541 – [david.wertz@scouting.org](mailto:david.wertz@scouting.org)

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2010 Cub Scout & Family Camp Guide for Leaders and Families

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## **Letter from the Director of Cub Camps and the Family Camping Event**

Dear Scout Leaders and Parents,

WELCOME to another fabulous summer of camping opportunities at Howard H. Cherry Scout Reservation, frequently known as HHCSR.

We are pleased to be able to utilize the facilities at Camp Wakonda and Camp Waubeek for these events, as we have in the past.

This is the 100<sup>th</sup> year of Scouting with Boy Scouts founded in 1910. Realizing that success, the Cub Scout Program was founded in 1930, followed with the Tiger Cub program in 1982. Going along with this, our committee selected *Time Travelers* as the 2010 Cub Camp theme. You will experience activities, sights, and sounds from different eras.

Camps Wakonda & Waubeek are the best. Rangers Rick, Josh, and hundreds of volunteers keep the camps and equipment in great shape. New projects are always being started and we always welcome new ideas to help Scouts gain knowledge and enjoy their time at camp.

This Camp Guide has “tons” of information: dates, overview of each camp, camp policies, and much more, that will help you BE PREPARED to provide the greatest experience for all. **Please read the entire guide completely.** We included some suggestions from last year.

Along with the wide use of the theme, the activity program is planned to give every Scout something to enjoy while learning. Each camp has age appropriate activities that include a proper balance of Cub Scout advancement opportunities and just plain F-U-N.

Yes, it could rain. A craft project may not be perfect. BUT, being outdoors with family and friends in our beautiful camp, away from the electronic world, is.....priceless!

A sincere Thank You goes to Scouting leaders and parents. Without your guidance and support, youth would not be involved in Scouting. Being a Cub Scout is a start of a journey that can travel through Boy Scouts, and definitely beyond. It will teach these boys many life long skills in a safe environment.

Be sure to complete your camp evaluation survey before you leave camp. Sharing your open and honest comments and new ideas is the best way for us to improve our programs. The staff and committee review these comments as each camp is closing. Let a staff member know if something needs immediate attention.

Each year a Cub Scout Camping Committee is charged with setting the annual camping theme, working with the Program Director on program components, and promoting these events. We will open our arms to leaders or parents who are interested in making these events successful. Contact me for additional information.

If there is anything that can be done to make the camping experience more enjoyable, just let us know. Have a safe and terrific summer!

Yours in Scouting,

Suzanne Windisch, Director of Cub Camping and the Family Camping Event

Phone: home – 319-624-2863 mobile phone: 319-331-7690 Email: [scoutingchef@hotmail.com](mailto:scoutingchef@hotmail.com)

## **Letter from the Hawkeye Area Council Executive**

Dear Cub Scout Leaders and Parents,

Are you excited about summer? I am!

Why? Because we are located in the Hawkeye Area Council! We have the best Cub Scout camping program in the country. From our wonderful camp to the dedicated, fun and skilled staff your Cub Scouts are in for a true adventure.

The theme for this year's Cub Scout camp is "Time Travelers" in honor of 2010, the Centennial Year of Scouting. 100 years ago the Scouting movement began in the United States. While the values and character built through Scouting remains true today, we have updated our program to appeal to the interests of your boys.

Safety is paramount in our programs. Howard H. Cherry Scout Reservation is the ideal place for Cub Scout programs. From our new storm refuges to program design, we like to have fun with safety in mind.

I look forward to visiting you at our Cub Overnights, Webelos Camp or Bear Camp! I can guarantee that you and your Cub Scouts will have a quality time in an outdoor environment. Also, you will take away stories, good experiences and most of all "Time Traveler" memories.

A fun opportunity for **Family Camping** is July 3-5 at Camp Wakonda. It is a chance for family and friends to enjoy our camp as well. Take part in planned activities or just relax. This event is open to Scouts and to the public, so help us spread the word.

See you at Camp,

**Travis Christopher**

Hawkeye Area Council, Scout Executive/CEO

## **Experience Tells Us**

This Camp Guide is a collection of what experience has taught us regarding how to prepare for and get the most out of these camping events.

**Read Every Word In This Guide!** Experience tells us everyone can learn something new – if it is the first time at camp, or having attended many other events at HHCSR.

**Hold a parent information meeting!** Review the contents of this camp guide, especially check in times, the pack list, and registration. Every question is important and needs an answer. If you cannot find the answer, contact the camp director.

**There's more to camp than advancement!** Studies show that boys typically remember how much fun they had at camp, not how many rank advancement items, or awards they earned. While camp provides advancement opportunity, the Boy Scouts of America, Hawkeye Area Council, and our cub camping committee, emphasize having a balance of advancement and fun at camp appropriate for the rank.

**Review the program for what is being offered at camp!** We will not have the time or the facilities to complete all listed requirements for a particular advancement. Those can be handled at home, or at a den or pack meeting. The program book has spaces for initials by one of your adults.

**Encourage the boys to attend camp!** Even if he already has all of the advancement items completed, and has taken part in these activities before. Since every year or event can be a new experience, let him enjoy the time to have fun in the outdoors with friends who share the same enthusiasm about Scouting!

**Enjoy the camp and the outdoors!** Explore our camps during free time. Take the time to enjoy the great outdoors and the beauty of the camp environment. It is a big part of the summer camp experience.

**Come to camp prepared!** Have the boys and family organized, with information on where to go and what to do. Review the list of what to pack, along with what not to pack. While there are a lot of programs, fun, activities, skits, songs, etc., camping is a big part of every level of Boy Scouting – Cub Scout through Venturing.

**Cub Scouting's 12 Core Values** – are included in all Cub Scout programs

- Citizenship
- Compassion
- Cooperation
- Courage
- Faith
- Health and Fitness
- Honesty
- Perseverance
- Positive Attitude
- Resourcefulness
- Respect
- Responsibility

**Keep your Scouts busy!** Having nothing to do is no fun at all. Pre-planning can fill that void.

**Be Flexible!** Not everything goes exactly as planned. Go with what the staff has to offer. Refer to the 12 Core Values above.

**Communicate!** If you have a need, request, or suggestion for Cub Camping, please let the Camp Director know as soon as possible. We have great people planning these events, and there is always room for improvement. The Camp Director is always available for you.

**Have Fun!** Cub Scouting is a game, and if played by the rules, is enjoyable for all. Maintaining a Positive Attitude goes a long way for the boys staying focused and being able to look back on all that has been accomplished during camp.

### 2010 Camp Events and Dates

Any registered Cub Scout may attend camp that matches his rank, and the dates that fit along side other summer activities. Everyone from the same pack need not attend the same camp.

<u><b>Cub Overnights - Wakonda</b></u>	<u><b>Bear Resident Camp</b></u>	<u><b>Webelos Resident Camp</b></u>
No set rotation around camp	Boys placed into dens to rotate through activities	Boys placed into dens to rotate through activities
Hosted by a district for all ranks	June 19-20 - Old Capitol Valley	July 22-24
June 19-20 - Old Capitol Valley	July 8-10	July 18-20
June 26-27 - Red Cedar	Held at Camp Waubeek	At Camp Wakonda
July 17-18 - 3 Rivers	With some at Wakonda	
<b>Family FUN Resident Camp</b>	<ul style="list-style-type: none"> <li>• <b>Fun for the entire family – Scouts and non-Scouts</b></li> <li>• Scouts can also attend as a small group campout.</li> </ul>	
July 3-5 – Camp Wakonda		

### Camp Fees

**Camperships** are available for Cub Scouts to attend Overnights, Bear, and Webelos camps.

See that section for full details.

These fees provide central dining hall meals, limited campsite equipment, program areas and materials, and top quality camp staff.

<b>Camp</b>	<b>Fee through Tuesday, May 18</b>	<b>After May 18 until final closing</b>
Cub overnight	Scout \$45; adult partner free	Scout \$60; adult partner free Closing date about two weeks before camp.
Bear & Webelos	Scout \$100; each adult \$45	Scout \$115 – each adult \$55 Closing date about two weeks before camp.
Family Camp	\$10 per night per camping unit Plus \$2.00 per person activity fee	\$5.00 late fee after June 18 Closing date for camping reservation –June 25 Extra people will pay activity fee at gate.

**Camp T-Shirts** - the cost of one shirt is included in the youth fee. Optional purchase of adult shirts and extras are \$10-\$13 depending on size.

### Adult Leadership Requirements

- Cub overnights – every scout must have an adult partner
- Bear and Webelos camps – minimum of 2 unit adults for a maximum of 8 scouts (a 1:4 ratio over that)

### Pre-Camp Swim Test

- Everyone using the pool or aquatics facilities must take a swim test.
- Those attending Bear or Webelos camps are encouraged to take the pre-camp swim test.
- Details on the requirements for the swim test are listed on the form located under Cub Camping forms.
- Anyone not taking the pre-camp test will be identified as a non-swimmer until he completes a swim classification test at camp. This may limit some water activities.
- The Aquatics Director can retest anyone using the camp aquatics program at any time it is felt that a swimmer's classification and ability are not the same

### Volunteer Staff needed at Cub Overnights and Family Camping Weekend

- Volunteers are used in many capacities at these two types of camps.
- Specific certification is needed in areas of Aquatics (pool and waterfront), Climbing (boulder wall and tower, Shooting Sports (archery, BB gun, 22 rifle) , and Health Officer. A volunteer staff form is located under Cub Camping Forms.
- Other positions are in food service, trading post, registration, handicraft, yard games.
- If interested, contact your district executive, or send a message to Suzanne Windisch, at [scoutingchef@hotmail.com](mailto:scoutingchef@hotmail.com)

***On-line registration – starting April 15-*** Instructions are being distributed to each unit.

Information gathering forms are available on the council website – [www.hawkeyebsa.org](http://www.hawkeyebsa.org), by locating the camp on the calendar from the **Upcoming Events** link on the home page. At the bottom of the camp information page, click on the **Registration Form** link.

These forms need to be printed and completed by the parents. This information is given to the unit coordinator to input the information into the system. All fees must be paid to the Hawkeye Area Council before deadline specified for each camp.

BSA Annual Health and Medical Forms must accompany camp registration (see that section for more information)

If needed, a **Special Dietary Request form** is on the website, and needs to be submitted at least two weeks prior to the start of camp you are attending. (More information later in this guide)

### ***Campership Requests – May 1 deadline***

These are now available for Cub Scouts attending Cub Overnights, Bear, and Webelos camps.

A limited number of camperships are available for Scouts who cannot otherwise afford to attend camp. Applications are available at the Council Service Center. These are subject to the following conditions:

- The Scout should pay as much as possible.
- The Unit or chartered partner organization should pay as much as possible.
- The Unit should provide money-earning opportunities (popcorn sales, etc.) for Scouts to help them earn their own way.
- Cubmasters should apply for only the balance needed after the above sources are exhausted. Camperships will be issued for a maximum of half the camp fee.
- Scouts could be assigned some task to perform so they will feel they have earned their own way.
- Applications must be filled out completely and have all required signatures to be processed. Incomplete forms will be returned.

**No Scout will be denied the opportunity to attend a summer camp program due to financial hardship.**

### ***If you cannot attend camp for any reason***

1. Contact the Cub Camp Director, Suzanne Windisch, via email - [scoutingchef@hotmail.com](mailto:scoutingchef@hotmail.com) or by phone 319-331-7690. Leave a message with your Scout's name, pack number, a phone number to reach you, and the reason for non-attendance.
2. You can also use this method to notify us of late arrival.
3. Depending on the circumstances, we may be able to transfer the registration to the same type of camp on another date without paying additional fees.
4. Communication is important, so DO NOT just stay away from camp, or transfer to another camp without our knowledge.

### ***First Day of Camp - Registration location and times***

You may arrive at camp before these times, but registration will not be open.

You will be given program handouts, and pre-ordered T-shirts.

- Cub Overnights: Camp Wakonda , Dakin Dining Hall Patio, 11:00 am to noon (bring lunch)
- Bear Camp: Camp Waubeek, Program Shelter, 1:00 pm to 3:00 pm
- Webelos Camps: Camp Wakonda , Dakin Dining Hall Patio, 1:00 pm to 3:00 pm

### ***Program and Daily Schedule – key points***

This is an overview of each type of Cub camp. The official program and daily schedule will be distributed at registration on the first day of camp. Program plans are posted on the council website. A daily schedule and a listing of advancement requirements will be available on our website at the same time as on-line registration.

### **Cub Overnight** – Full official Scout uniform is not required

#### Saturday

- 11:00 am to 12:00 pm – Registration in Dakin patio area. You may arrive at camp before then, but we will not begin registration until 11:00 am. **Bring something to eat, as** no food is being served during this time.
- After registration - a camp opening program will be held on the parade grounds. Information will be shared on Health and Emergency procedures, along with other important announcements.
- 1:00 pm to 5:00 pm - Program activities are held in both the upper and the lower meadow. They include Archery, BB Gun shooting, Bouldering Wall, Fishing, Disc Golf, Craft, and games. This will also include opportunities for advancement.
- Since there is a long hilly walk between the upper and lower meadows with no formal rotation, we recommend exploring the activities in one meadow before switching to the other.
- There will be time to rest after program activities, followed by the evening meal in Dakin Hall. You then walk to the Chapel for an Interfaith Service, followed by a campfire to close out this fun filled day.

#### Sunday

- A hot breakfast will be served in Dakin Dining Hall.
- You can then say goodbye to your new friends, pack up your gear, and depart by 10:00 am

### **Bear Resident Camp** – Scout uniform worn at evening meals

Activities will be held at two camps - historic Camp Waubeek and Camp Wakonda.

Scouts will have the opportunity to enjoy activities while they work on advancement requirements. Packs will be placed together in a campsite. The boys will be organized into Dens with a staff guide. This Den Guide will lead campers through the activity areas in scheduled blocks of time.

#### Day 1

- 1:00 pm to 3:00 pm Registration in Camp Waubeek Program Shelter.
- You may arrive at camp before then, but we will not begin registration until 1:00 pm
- Scouts and parents will participate in orientation sessions, and set up their campsites. All youth are encouraged to take the pre-camp swim test (council website - Cub camping forms)
- Campers will enjoy a great evening meal in Hanford Lodge, and then be entertained by the Howard H. Cherry camp staff at a fabulous campfire. The rest of your evening is free.

#### Day 2– Fun-filled day

- All three meals will be served in Hanford Lodge, Camp Waubeek. Wear the official Scout uniform to the evening meal.
- The Den Guide will lead the campers through a rotation of program areas in the morning and afternoon, including such things as swimming, climbing wall, BB Gun shooting, Archery, and advancement areas.

Day 3 - A hot breakfast will be served, with time to pack and fun time as well. Lunch will be served, followed by a Closing Ceremony. You will need to leave by 1:15 pm.

**Webelos Resident Camp** – Scout uniform worn at evening meals.

Scouts will have the opportunity to enjoy activities while they work on advancement requirements. Packs will be placed together in a campsite. The boys will be organized into Dens with a staff guide. This Den Guide will lead campers through the activity areas in scheduled blocks of time.

Webelos camps are staffed by HHCSR summer employees.

Day 1

- 1:00 pm to 3:00 pm – Registration – Dakin patio area. You may arrive at camp before then, but we will not begin registration until 1:00 pm
- Scouts and parents will participate in orientation sessions, and set up their campsites. All youth are encouraged to take the pre-camp swim test (council website - Cub camping forms)
- Campers will enjoy a great evening meal in Dakin Hall, and then be entertained by the Howard H. Cherry camp staff at the campfire. The rest of your evening is free.

Days 2 and 3 – Two Fun-filled days – program rotation continues, with a different evening program.

- All meals will be served in Dakin Hall. Wear the official Scout uniform to the evening meal.
- The Den Guide will lead the campers through a rotation of program areas in the morning and afternoon, including such things as swimming, climbing wall, BB Gun shooting, Archery, and advancement activities.

Day 2 evening

- This evening meal will be served in the dining hall, followed by an Interfaith Service
- at the Chapel.
- The rest of the evening is free. You may relax and enjoy a campfire in your campsite fire ring.

Day 3 evening

- **Families are invited for the evening meal** on the Dakin Hall patio at 6:00 pm.
- An anticipated attendance number will be requested during camp to better prepare for that meal. Also let us know if your family does not plan to eat with the rest of the visitors.
- **Cost for visitors** is \$6 for adults, \$4 for youth age 11 to 5, and free for children under age 5. Prices are subject to change depending on the food service contract.
- Everyone will then travel to the Campfire Area for the closing campfire, with the Scouts participating. All are then dismissed around 8:00 pm for a safe trip home.

***Fishing as part of the program, and is held at the waterfront***

- Adults need fishing licenses as required by state law.
- You may bring you own fishing equipment, or you can check out camp items, including worms.
- Everyone must wear a Personal Flotation Device (PFD), while fishing along the shore.
- Depending on available staff, check out and in will be either with the Camp Quartermaster at the Troop Service Building; or with a staff member at the Waterfront shelter.
- DO NOT bring your own canoe or other watercraft. You may not be out on the lake without qualified camp staff supervision.

***2011 Cub Camp Dates and Family Camping dates announced***

- Cub overnights (Saturday/Sunday): June 25-26, July 16-17, July 23-24
- Bear Resident Camp - July 28-30 (Thursday-Saturday)
- Webelos Resident camps: July 7-9 (Thursday-Saturday) and July 24-26 (Sunday-Tuesday)
- Family Camping weekend – July 2-4 (Saturday-Monday)

***Requests for Refunds – August 31 deadline***

Refunds may be requested for the following reasons: illness, death in the family, or a move from the council territory. All refunds will be made to the unit. Fees are not refunded for homesickness or dismissal from camp.

1. People that fail to attend camp without notifying the Camp Director will forfeit fees paid.
2. A written request must be made for a fee refund. Refund forms are available at the Council Service Center in Cedar Rapids, and on the council website.
3. **All refund requests will be reviewed by the Council Camping Committee at its September 2010 meeting.**

**Refunds or credits against anticipated refunds due will not be available at camp.** Only applications approved by the Council Camping Committee in September will yield a refund, and that refund is typically credited to the unit account at the council office.

## **Health and Medical Records – for all Campers and Staff**

BSA Annual Health and Medical Record, Form 34605, must be completed annually by everyone attending camp, regardless of time spent at camp. Forms are available at the Council Service Center or on [www.hawkeyebsa.org](http://www.hawkeyebsa.org), under Scouting Forms.

The direct link to the BSA form is [http://www.scouting.org/filestore/pdf/34605\\_Letter.pdf](http://www.scouting.org/filestore/pdf/34605_Letter.pdf)

Parts A and C are mandatory. Part B is not required, as our Cub camps are under 72 hours.

- BSA Annual Health & Medical Form (completed within 12 months of camp)
  - ✓ Part A (medical information) - Parent/Guardian to complete, with all required signatures
  - ✓ Part B (physical recommended) - completed by a certified and licensed health-care provider.
  - ✓ Part C (completed health release, publicity release, release of Scout to listed people), with signatures.
  - ✓ Attach a photocopy of both sides of the family insurance card.
  - ✓ Keep the original form in home records. Send a legible copy with the camp registration.
- All medicines, except for those needed for immediate care, must be stored in Health Office

**Clean photocopies of completed medical forms must be submitted along with the reservation for each camp attending. They will become part of the camper's record while participating in that particular camp. Forms are not returned, and are destroyed when no longer needed.**

**NEW** – Our **Council now provides Health and Accident Insurance** coverage for Scouts and leaders attending camp. All Scouts and leaders are still required to have their family insurance information on the health history form, and attach a copy of the front and back of that insurance card.

**First Aid Facilities** - a qualified adult health officer is on duty at all times during camp

**All accidents, no matter how slight, must be reported to the health officer, so they can be treated and recorded.** Most staff members have a radio to contact the health officer. Major injuries will be dealt with at the site by the health officer. Never move a fallen victim! Minor injuries may be treated at the Health Office. Serious injuries or illness occurring at Howard H. Cherry Scout Reservation will be taken to a hospital in Cedar Rapids.

### **Health Office Location**

- Camp Wakonda – Dakin Hall – outside entrance door is on the West side of building (at night, ring the bell next to the door to alert the health officer.
- Camp Waubeek – Health Lodge across from Program Shelter

### **Special Dietary Request procedure**

**A Special Dietary Request Form must be completed for the person needing a special diet.** Scouts and leaders who have special dietary requirements are asked to notify the Hawkeye Area Council Service Center **two weeks prior** to arriving in camp so arrangements can be made. Please use this option only for health and religious reasons.

**Forms need to be specific.** Examples: (1) if there is a milk allergy, the forms need to state whether there is a reaction to all products that contain milk or just when drinking milk (2) if there is a peanut allergy, state if there is a reaction to eating food that contains peanuts. If the allergy is so severe, just smelling it causes a reaction, we will need to remove the ever-present peanut butter from the dinning room tables. You may also use this form to let us know there is an allergy and food will be packed for him.

## ***Medications for youth and adults***

- All medications (prescription and non-prescription) will be collected by the health officer during the registration process. Send only what is required for camp. Does anything need refrigeration?
- We would appreciate sending all of the medications for one person in a plastic bag with a slide closure. Use a permanent marker to write the person's name and unit number on the outside for easy identification. Including written information would be helpful concerning dosages, administration instructions, reason for the medication, and adverse effects.
- Medications must be distributed by the camp health officer. General distribution is at meals. Talk to the health officer concerning medicine required at other times.
- **DO NOT** store any medicine in a vehicle, or in the campsite. This violates policy, and is unsafe.
- *Do not* send weekly "pill boxes" or mix medications in bottles.

### **Medications MUST be in their ORIGINAL CONTAINERS.**

**This includes both prescription and non-prescription medicines. All medications (including those needing refrigeration) are to be locked up in the camp health office.**

The only exception is for medications which must be carried for emergency use, including such items as: asthma inhalants, bee sting kits and nitro glycerin pills.

Medications are dispensed according to the instructions on the container. If the doctor has changed the dosage or anything else, the doctor must provide these new instructions on a new prescription label or in a written letter from the doctor's office. **This is a state law, and a National BSA camping standard.**

**It is the responsibility of each Scout to make sure they report to the Health Officer to receive medications at the appropriate times.** An announcement is made at each meal to report to the health officer for medications, but ultimately it is the Scout's responsibility (with adult help) to report to the health officer.

***Know the health condition of the boys in your care*** – share any health concerns with other campers in your area as appropriate. Others can help watch for symptoms that may need medical care.

## ***Emergency Procedures***

- Campers will be instructed in those procedures during orientation.
- Program areas, and many staff members, have a Camp Radio to communicate with others.
- Written plans are in place to handle all types of emergencies. These plans are posted in each campsite and in numerous places around our property.
  - Fire, lost person, lost swimmer
  - Storm or high winds
  - High temperature/humidity plan
  - Health and medical emergencies
  - Earthquakes
  - Child Abuse
  - Media

## **Camp Sirens – you will hear the following sounds**

- Continuous – Storm or high wind warning – At either camp, hit the ditch, or move to low area  
Camp Wakonda has some storm shelters placed around camp.
- Up and Down (Intermittent) - Fire, lost person or lost swimmer
- Three (3) short wails from a siren or perhaps a car horn – all clear, emergency over

## **While At Camp**

### ***Points to remember*** (several are stated on program handout)

- Identification - all campers and visitors will have a wristband. Staff will have a special uniform and/or staff Identification badge. Inform a staff member of anyone without proper identification.
- Ringing of the camp bell will signal assembly – for ceremonies or meals.
- Upon leaving and returning to camp, a person must sign a log at the Troop Service Building at Camp Wakonda, or the Health Lodge at Camp Waubeek.
- Smoking and Tobacco use –use only in designated areas, and not in front of youth. Alcohol and fireworks of any kind is not permitted. This will result in immediate dismissal.
- For foot safety, **wear close-toed shoes** everywhere and at all times. **No Open Toed shoes**
- Poison Ivy is everywhere, so stay on designated trails. **Leaves of three – let it be!**
- Trash and Recycling – Use the barrels as marked to sort your disposables. Do not put into latrines!
- All areas of camp are expected to be kept clean, and leave the area better than you found it.
- Fires in Campsite – follow procedure listed in Camp Policies
- No personal vehicles on the camp roads. Leave a path to back of campsite for emergency vehicles.
- Health/medical issues. Report right away to staff member or Health office. Most staff have radios.
- Emergency siren: specific sound used for weather warning, lost person, or all clear.

## ***Scout Uniform***

A uniform gives a standard to be met, promotes group spirit and a sense of identity. It also designates equality among members of the group.

- Youth camp fees include the cost of one camp T-shirt. This is to be worn during activities. Pack another Scouting appropriate T-shirt (Class B), as this shirt may not be useable for two days.
- Official Scout Uniform shirt (sometimes termed, Class A). Leave detachable awards at home.
  - Cub overnight – not worn
  - Bear and Webelos camps – worn only at evening meal.

## ***Wear closed-toed shoes only***

There are many foot hazards around camp, and foot injuries can be serious. Wear closed-toed shoes only. Save yourself a trip to our medical office and leave open toed shoes at home, unless they are the kind you only wear in the shower.

## ***Health Tips***

The higher the temperature, the more important it is to take precautions.

- **Drink Water!** Carry a canteen or reusable bottle, refill often, and drink a lot.
- All program and activity have a water supply for people to refill their container.
- Everyone is encouraged to drink at least 16-ounces of water each hour. This is extremely important when the temperature is approaching 90°F.
- Cans of soda pop are sold at camp. They may taste good, but they can make dehydration worse.
- Encourage the wearing of hats to shade the head.
- To prevent sunburn, apply sun block (sunscreen) lotion as often as directed. It should be 30-45 SPF, with protection against both UVA and UVB rays, and water-resistant. Oil free is preferred. It is very important for people with fair complexions. **Do not** bring an aerosol or pump spray.

### ***Lost and Found***

- There is a collection area in the dining hall at both camps. Valuables are kept in the camp office.
- If something is lost, be sure to check the Lost and Found area before leaving camp.
- On the last day of most camps, the valuables can be picked up at the camp office, while the other items are displayed outside of the dining hall.

### ***Dining Hall procedures – years of experience makes this run smoothly.***

This will work at both Camp Wakonda and Camp Waubeek

- Each den is assigned a table area. They are to set the table before and clear items after the meal. They will be given instructions to perform these duties.
- Before the meal, campers line up by dens outside the building, to say a non-denominational grace. Hats must be removed upon entering the building.
- Food is served cafeteria style, stopping at the stations to get their food.
- Your cooperation, patience and understanding will be greatly appreciated so the meals and programs will run smoothly.

### ***Visit the Trading Post – Cub Scout will need some spending money***

- A well-stocked trading post is operated at camp during times published in the program handout.
- Items include such things as handicraft materials, T-shirts, ice cream, soft drinks, batteries, candy and camping equipment. Some special Cub Scout and theme items are being planned.
- The trading post is normally closed 1/2 hour before mealtimes.

### ***Telephone Use***

Telephone service is available for emergencies only. Scouts may place calls only from the camp office, with their adult partner or leader present. Long-distance calls cannot be made from camp.

**Cellular Phones:** Scouts should not bring them to camp. Adults may bring their cell phone, but please keep them locked up, and do not use them in front of the Scouts.

### ***Access between Camps Wakonda and Waubeek***

There are adequate trails connecting Camp Wakonda to Camp Waubeek and we recommend that campers schedule a hike to explore camp using the trail system. DO NOT use Boy Scout Road to walk between the camps. It is very dangerous and should be limited to emergencies only.

### ***Shower Facilities – separate for adults/youth/male/female***

Both camps have buildings with shower facilities: a shelter near the pool at Camp Wakonda, and the old pool shelter on the parade grounds at Camp Waubeek

These shower areas, open 24 hours a day, are for both adults and youth. A separate handicapped-accessible shower is also available. The adult shower areas are to be used by adults only. There are separate adult facilities for men and women. Scout-age campers have their own facility. No youth are to use adult shower areas at any time. No adults are to use the youth shower areas at any time. Leaders and Scouts are reminded to police these areas to ensure cleanliness throughout the week. **Neglect in maintaining the health and safety of the shower areas may result in a reduction of open hours of the shower area.**

**Pack List for each camper. Identify all personal items with a water-resistant marker.**

- |  |  |
|--|--|
| <input type="checkbox"/> Camp T-shirt is the uniform at Cub Overnights, and will be provided at check-in   | <input type="checkbox"/> Tent and needed equipment   |
| <input type="checkbox"/> Official Cub Scout uniform is worn at Bear and Webelos Resident camps, for the evening meal. Leave those really neat detachable awards at home (too easy to get lost) | <input type="checkbox"/> waterproof ground cover or plastic sheet  |
| <input type="checkbox"/> Tennis shoes (closed toe) – 2 pair  | <input type="checkbox"/> Sleeping bag, pillow, air mattress or pad   |
| <input type="checkbox"/> Extra pants and shirts  | <input type="checkbox"/> Canteen/Water bottle – A MUST   |
| <input type="checkbox"/> Underwear, extra socks  | <input type="checkbox"/> Flashlight with extra batteries and bulb  |
| <input type="checkbox"/> Sweater, sweatshirt or heavier jacket   | <input type="checkbox"/> <i>Scout Handbook</i> for your rank   |
| <input type="checkbox"/> Swim trunks   | <input type="checkbox"/> <b>Ashes from previous year Cub Camp</b>  |
| <input type="checkbox"/> Towel – at least one  | <input type="checkbox"/> Spending money  |
| <input type="checkbox"/> Bathroom kit (soap, toothpaste, toothbrush, etc.)   | <input type="checkbox"/> Personal First Aid Kit  |
| <input type="checkbox"/> sleepwear   | <input type="checkbox"/> Sun block (30-45 SPF is encouraged)   |
| <input type="checkbox"/> Poncho or raincoat  | <input type="checkbox"/> <b>All medication must be in original container and must be given to health officer upon arrival, for proper storage.</b> |
| <input type="checkbox"/> Hat, worn properly  | <input type="checkbox"/> (The health office has common over-the-counter items such as Tylenol, ibuprofen, cough syrup, Sudafed, Benadryl, etc)     |
| <input type="checkbox"/> <b>Digital camera encouraged</b> , to share photos with camp staff for future promotions.   |  |

**Optional Items**

- |   |   |
|---|---|
| <input type="checkbox"/> Bible or prayer book   | <input type="checkbox"/> Compass  |
| <input type="checkbox"/> Notebook, paper, pencils   | <input type="checkbox"/> Lantern for pack campsite                                  |
| <input type="checkbox"/> Insect Repellent - absolutely no aerosols or pumps (pre-treated wipes are sold in some stores) | <input type="checkbox"/> Small radio for weather reports and news                   |
| <input type="checkbox"/> Small daypack  | <input type="checkbox"/> Fishing gear and fishing licenses as required by Iowa law. |

***Transport of items from the parking lot – to the campsite – and back.***

You will not be allowed to drive to the campsites. The camp has some carts available for use, but they tend to be in sort supply when you need one. **We strongly encourage you to bring a wagon, cart, or large backpack to transport your items.**

**What not to Bring – leave these at HOME**

<ul style="list-style-type: none"> <li>• Non-folding knives or knives with blades over 4 inches.</li> <li>• Squirt Guns</li> <li>• Aerosol cans (fire hazard)</li> <li>• Liquid fuels (fire hazard)</li> <li>• Radios, televisions</li> <li>• iPods, mp3/CD/DVD Players</li> <li>• Electronic/video games</li> <li>• Cell phones or pagers (OK for adults)</li> <li>• Canoes, or other watercraft</li> <li>• Open-toed shoes</li> <li>• Flip-Flops (outside of pool/shower)</li> <li>• Other personal valuables</li> </ul>	<p>Possession of any of these items will result in <u>immediate</u> dismissal, and the person will not be allowed to return</p> <ul style="list-style-type: none"> <li>• Alcoholic Beverages</li> <li>• Fireworks of any kind</li> <li>• Privately owned guns, rifles, and/or ammunition</li> </ul> <p>Personal archery equipment allowed only ..... If brought, it must be checked in upon arrival at camp and will be stored in the camp office. Staff will transport it to the range. Failure to comply will result in dismissal from camp.</p>
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## ***Campsites and equipment***

Each campsite is equipped with running water and a latrine. A list of emergency procedures, a duty roster assigning campers to clean the latrine daily, and a fireguard chart must be posted on the campsite bulletin board. Our camp will provide the following items for each campsite

- Flagpole
- 3 barrels for: recycling, aluminum cans, and trash.
- Firefighting equipment: shovel, rake, Indian pump, fire cans and water barrel
- Picnic tables
- Latrine cleaning equipment: broom, hose, bucket, brush
- Toilet paper (more is available from the camp Quartermaster, located in the Troop Service Building)

Be ecology-minded. Put campsite litter and trash in the trash receptacle, not the latrine. Put items that can be recycled in the proper container. It would be helpful if you could pack out your own trash at the end of camp, disposing of it properly when you return home. This is the principle of Leave No Trace!

## ***Individual Tents for Campers***

BSA National Standards apply to all tents used during summer camp. The tents used by campers must meet the following requirement. **All tents in camp must meet or exceed fire-retardant specifications by the manufacturer (CPAI-84) and signage of “no flames in tent” is marked on, or adjacent to, each tent.**

## ***Campfires and Ash Ceremony***

At least one campfire is held at each type of camp. At the first campfire of the Cub Scout event, campers may participate by adding ashes from a past campfire to the fire when instructed to do so. After the ashes have cooled, they are stirred together and put into containers, so that each scout receives a container of cooled ashes to mingle with a future campfire. If your Scout still has his ashes from previous years, have him bring the ashes to add this year. Then save the ashes from this year's campfire to add to next year's fire, and so on to continue this tradition.

### **Brief history and meaning of the ash ceremony**

Legend has it that when Lord Baden-Powell served in the British Army, he would always take a small amount of cool ashes from the campfire and then spread those ashes into the next campfire as part of it's opening. He carried this tradition into Scouting.

As early as 1907, this tradition of sharing campfire ashes began around a Scouting campfire. After the campfire was over and ashes were cool, Scouts and Scouters took some ashes as a memento of the good times and brotherhood shared under the stars. At the next campfire visited by these Scouts, their ashes were added to the flames of the campfire and stirred together when the ashes were cool. Each camper was given a package of ashes to add to their next campfire, and so it continues to this day around the world.

The joining of the ashes with the campfire flames of the new fire, symbolize the community of Scouting's ideals and the brotherhood between fellow Scouters around the world. Many groups log the dates and locations where the mingled ashes started and traveled. For more information, review these links.

- <http://troop1020.net/parents/AshesTradition.htm>
- <http://www.uscouts.org/uscouts/eagle/CAMEagleCourt.asp>
- [http://coyotehillsgs.org/ti/TI\\_2008\\_AshesList.pdf](http://coyotehillsgs.org/ti/TI_2008_AshesList.pdf)
- <http://www.winnebagoobsa.org/WoodBadge/WoodBadgeCeremonyoftheCampfireAshes.pdf>

## **Camp Policies**

### ***Personal Identification and Individual Check-In/Check-Out***

- Every camper is issued a wristband, and it is important that it remain on the person at all times.
- We must keep accurate records of everyone in camp in case of an emergency. Every person (Scouts, leaders, and visitors) who either arrive or leave camp must check in or out through the camp office indicated on the camp map.
- To ensure that the person checking a Scout out of camp is authorized by the Scouts guardian, the unit leader must have a list of persons authorized by the Scouts guardian (listed on BSA form C)
- Scouts permanently leaving camp before the end of the session must have a written release ("Scout Leaving from Camp Early Report") signed by the parent/guardian and unit leader and presented to the Camp Clerk. Forms are available at the camp office.

### ***Parking Regulations and Vehicle Use***

National camping policies clearly state that private vehicles are only allowed to be parked in the parking lot. Roads in camp will be restricted to service vehicles. Absolutely no persons are allowed to ride in the beds of trucks or on the back/front of trailers or cars. Handicapped-accessible parking is available in the main parking lot at either camp.

### ***Tobacco and Alcohol Policy***

- **No tobacco use of any kind is allowed in any camp structure, including tents.** Smoking is to take place only in posted designated smoking areas and never in the presence of minor children. No minors are allowed in the smoking area.
- **Alcohol is NOT allowed at camp. Having any will result in immediate dismissal.**

### ***Pressurized Aerosol Cans and Pumps***

Aerosol cans are not allowed in camp. Aerosols remove waterproofing when used in or near tents and are dangerous near fires. Pumps are not recommended being used near tents, as they can also remove waterproofing.

### ***.When Getting Ready to Leave at the end of Camp***

- Make sure campsite is clean, and nothing left behind.
- If anything was lost, check the lost and found area before leaving
- Turn in the camp evaluation form
- Return any items in the same condition as checked out from the Camp Quartermaster
- Sign out of camp on the camper log just before leaving.

## ***Specific items for Family Camp Participants***

Please read all of the other information in this guide, as most of it will also apply to this event, even though it is addressed to Cub Scouts and their leaders or parents.

### ***Dates and times of Camp***

***Saturday, July 3, starting at 1:00 pm, until Monday, July 5, leaving by 4:00 pm***

***Location:*** Camp Wakonda, Howard H Cherry Scout Reservation  
4521 Boy Scouts Rd, Central City, IA, 52214

### ***2010 Camp Theme - Time Travelers***

While traveling through time, you will enjoy the activities, sights, and sounds of that time.

### ***Event open to all***

This July 4<sup>th</sup> weekend camp is designed as a group event to give everyone the opportunity to explore and experience our terrific council camp facilities. A camping group could be family, friends, and neighbors, **with or without Scouts participating**. A Scouting unit must follow the requirements of 2-deep leadership and the required ratio of adults to youth appropriate for their ages.

**Bring your own tent, pop-up camper, or even a large motor home;** however, there are no hook-ups for water or sewer, and no dump station at camp. There is limited electricity for medical purposes.

### ***Website information – [www.hawkeyesba.org](http://www.hawkeyesba.org)***

- From council home page, click on the title – Upcoming Events
- On the calendar, click on Family camp link on July 3
- This will bring up an overview page, along with registration forms.
- Other information is posted following this path. Home page > For Volunteers > Scouting Forms > Family Camp

### ***Camp Fees***

- The fee is \$10 per night per camping unit, plus \$2.00 per person program fee. Extra people will pay \$2.00 at check in. Every attendee will be given a write band to wear at all times.
- There is a \$5 late fee per after **June 18**, with camping reservations closing **June 25**.
- Camp shirts are available for pre-order at \$10-\$13 depending on size.
- Electricity for medical purposes, based on availability, is \$5 per day payable at camp check-in.

### ***Rules, Rules, Rules***

- Being held on a Boy Scout Camp facility, this camp is focused on the family and the enjoyment of the outdoors in a safe environment. We are offering a wholesome atmosphere.
- Smoking is allowed only in designated areas and not in view of the youth. **Possession of alcohol or fireworks of any kind will result in immediate dismissal from camp.**
- **Refer to the 2010 Family Camp Rules**, posted on the council website, under Scouting Forms, Family Camp

### ***Family Camp Registration***

- We will be using paper forms as in recent years, starting April 15
- Complete the Registration form showing type of sleeping unit, number of nights, number of attendees, etc.
- The following must be taken to the Hawkeye Area Council Service Center, 660 32<sup>nd</sup> Avenue SW, Cedar Rapids, IA 52404-3910. Phone number – 319-862-0541
  1. registration form with payment
  2. camper roster with matching medical forms for each camper
- Avoid late fees by registering by June 18.

### ***Medical Forms for everyone***

Even though non-Scouters will be attending this event, the Annual Health and Medical forms of the Boy Scouts of America are being used for everyone since this is on Boy Scout Property.

- Forms A and C are required with registration. Physical form B is recommended.
- Be sure that all spaces are completed, and include appropriate signatures.
- Direct link to this type-on form is [http://www.scouting.org/filestore/pdf/34605\\_Letter.pdf](http://www.scouting.org/filestore/pdf/34605_Letter.pdf)

### ***Packing List***

1. All medications (prescription and over the counter) must be in their original containers, and stored in the medical office. Never lock medications in a car or keep in your tent.
2. You will need to bring all food (see potluck) and supplies for your campsite, including your sleeping arrangements. A sleeping unit is 1 or 2 tents, a pop up camper, a pickup camper, or even a motor home. We will not be able to supply tents for your campsite.
3. Decks of cards and/or board games to share for family time in the dining hall.
4. **Aerosols are not permitted.** For example, bring non-aerosol packages for insect repellent, deodorant, sunscreen, etc. Some of these are packaged as pre-treated wipes.
5. We have separate shower facilities for youth/adult, male/female. You will need your own towels and toiletries.
6. No open toed shoes except at shower house
7. Bring a digital camera if you have one, to help us record this year's event, and give us pictures to use in next year's promotional items.

### ***Activity Areas***

- Program areas are located in both the upper and lower meadows. Take part in the program areas as you wish, as there is no set rotation. Since there is a long hilly walk between the upper and lower meadows with no formal rotation, we recommend exploring the activities in one meadow before switching to the other.
- There is plenty of time for planned activities, quality family time, or just to sit back, relax and enjoy the outdoors.
- Age appropriate activities include such things as archery, BB gun, 22 rifle, climbing, swimming, fishing, nature walks, crafts, stargazing, movie and game night, camp-wide potluck, community campfire, and Interfaith Chapel Service.
- Everyone will be declared a non-swimmer until a swim test is taken during camp.

***Program plans*** – Trading post hours will be announced and/or posted.

NO ALCOHOL WILL BE ALLOWED

July 3, Saturday

- 1:00 pm start of registration and camp set up. We will not be allowed to start check in earlier than that due to people from the previous camp not leaving until late that morning.
- 1:30 pm – gathering at the flag poles for important announcements
- 2:00 - 5:00 pm - Program areas are open to explore as to your own liking. You may also take self-guided nature walks, or just sit and relax.
- 5:30 to 7:00 pm - all-camp potluck on the patio of Dakin Dining Hall. **Grill your own meats** on our heated charcoal grills for your eating pleasure. Bring your favorite salad, side dish, or dessert to share. We will provide coffee, water, and a juice drink.
- 7:15 pm - closing day flag ceremony, followed by the Community Campfire Program at 7:30 pm. We would like one or more from every camping group to entertain us in some way.
  1. For scouting skit and song ideas, Internet links are posted along with other information under Scouting Forms/Family Camp.
  2. If there are non-scouting musicians and singers in your group, you may give a non-scout performance. However, remember that this is a mixed age group. You will be expected to declare your choice of entertainment when you check in at camp. The final campfire schedule will be set by the Camp Director.
  3. The Dining hall will be available to enjoy a G-rated movie, or you can sit in your campsite and relax. You may use your fire ring for a campfire, and we will supply the firewood.
  4. Star Charts are available at the Trading Post to enjoy the evening stars in our open sky.
  5. Quiet time is from 11:00 pm to 7:00 am Sunday morning.

July 4, Sunday- Independence Day! - all meals are on your own

- 7:45 am – Morning Flag Ceremony, followed by a short Interfaith Chapel Service.
- 9:00 am to 11:30 am, and 2:00 pm to 4:00 pm – program areas open to explore
- There are no planned activities after program areas close. You may sign out of camp to attend the fireworks in Central City, stay in your campsite, or perhaps play a game in the dining hall.
- NO FIREWORKS of any kind are allowed at camp. That includes sparklers or smoke “worms”. It will result in dismissal.
- Quiet time is again from 11:00 pm to 7:00 am Monday morning.

July 5, Monday – Hopefully, you all have this as your day off work holiday!

- 7:45 am – Morning Flag Ceremony
- 8:00 am – 9:00 am – FREE hot breakfast for all.
- No program areas will be staffed today.
- Turn in your camp evaluation survey before you check out with the camp office.
- Everyone must be packed and ready to leave by 4:00 pm.
- Have a safe trip, and share memories of this camp with friends and invite them along next year.

## Cub Scout Camps and Family Camp

There are two separate entrances for these camps.

### Camp Wakonda

Day 1 Cub Camp registration is in the shelter on the Dakin Dining Hall patio. Visitors must check in at the camp office in the Troop Service Building.

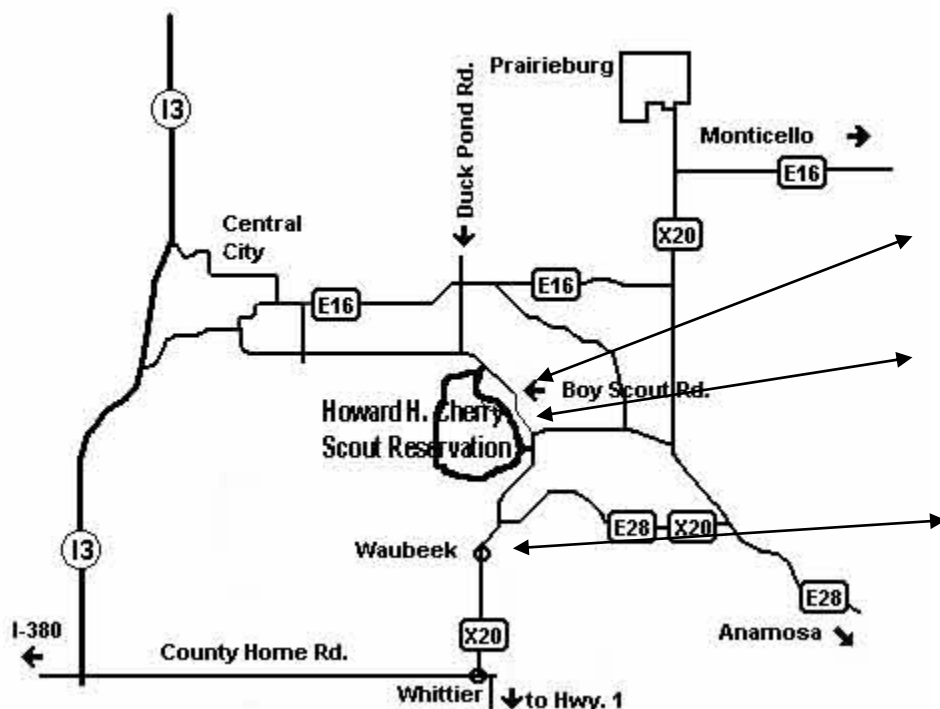
### Camp Waubeek

Day 1 Cub Camp registration is in the program shelter. Visitors must check in at the Health Lodge.

### Town of Waubeek

South of the river

Family Camp - check in will be in the Green/White Winnebago camper at Camp Wakonda



**Camp Wakonda**  
**4521 Boy Scout Road**  
**Central City, Iowa 52214**  
**Camp office (319) 438-1837**

**Camp Waubeek**  
**4390 Boy Scout Road**  
**Central City, Iowa 52214**  
**Camp office (319) 438-1950**

**From Iowa City/Cedar Rapids:** North on I-380 to exit 28, turn right (east) onto County Home Road (E34), go east to Hwy 13, continue east 5 miles into town of Whittier, turn left (north) onto Whittier Road (X-20), go 5 miles to town of Waubeek, turn right crossing bridge onto Boy Scouts Road, go 1 mile to Camp Waubeek, 2 miles to Camp Wakonda.

**OR**

North on I-380 to exit 16, turn right (east) onto IA 151/30, go east 6.8 miles to exit 259 turn right onto Hwy 151/13, continue north 11.5 miles to County Home Road (E34), turn right go 5 miles to town of Whittier, turn left (north) onto Whittier Road (X-20), go 5 miles to town of Waubeek, turn right crossing bridge onto Boy Scouts Road, go 1 mile to Camp Waubeek, 2 miles to Camp Wakonda.

**From Central City:** (Hwy 13) East 3 miles on E16, turn right (south) onto Duck Pond Road, go .7 miles, turn left onto Boy Scouts Road, go .7 miles to Camp Wakonda, 1.7 miles to Camp Waubeek.

**From Monticello:** Turn right (west) onto E16, go 12.4 miles, turn left (south) on X-20, go 1.2 miles, turn right onto E16, go 2.2 miles, turn left (south) on Duck Pond Road, go .7 miles, turn left onto Boy Scouts Road, go .7 miles to Camp Wakonda, 1.7 miles to Camp Waubeek.